



FOR IMMEDIATE RELEASE
February 11, 2008

Contact: Andrea E. Garcia
Director of Communications
707.280.8771
andrea@solanocf.org

LEARNING THE SKILLS OF EFFECTIVE COMMUNICATION

FAIRFIELD, CA. – More than 90 percent of conflicts is attributed to faulty communication, a percentage that can be reduced by enhancing awareness and obtaining tools to improve skills.

As a way to improve the highly personal process of communication, the Solano Community Foundation is offering a free workshop called “Core Communication Skills” on February 19 from 9 a.m. to noon at the Solano County Government Center, 675 Texas St., Fairfield, Room 6004.

The workshop, geared specifically to Executive Directors and management staff of nonprofit organizations interested in expanding their leadership skills, will cover breakdowns in communication, roles and responsibilities, expectations, boundaries, troubleshooting and motivation.

This is the first workshop in a three-part series presented by Rochelle Sherlock, a trainer with 10 years experience in the field of social service, covering a myriad of topics ranging from communication to strength-based case management and interpersonal effectiveness. She is one of the most requested trainers through the Columbia College Foster Kinship Care Education program and has offered workshops through the U.C. Davis Extension Center for Excellence.

Space is limited. Please contact Jennifer Bush at 707.399.3846 to register.

The Solano Community Foundation was established in 1995, incorporated in 2000, and is dedicated to strengthening the community now and for future generations. It is a 501c(3) organization which provides the opportunity for donors to make a lasting contribution to causes in Solano County that are close to their hearts, and to build capacity in the nonprofit community. Stephanie Wolf, President and CEO of the Solano Community Foundation, can be reached at 707-399-3846.

###